

Health Insurance Regulation

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Overview

- Where we've been
- Health insurance market
- Federal health insurance reform
- Conclusion

Where we've been

- Consumer protections
 - Financial strength
 - Rate review
 - Complaints
- Access to health insurance
 - Small group reform
 - High risk pool
 - Mandate for certain employers
 - Medicaid expansion
- Provider contracting rules
 - Credentialing
 - Payment
 - Claims processing

Where we've been continued

- Regulatory tools
 - Financial examinations
 - Rate/form review
 - Individual complaint review
 - Market regulation
 - Analysis
 - Investigation
 - Examination

Health insurance market

- Type of health benefits
 - Insured
 - Self-funded
 - Federal employees
- Insured health benefits declining
 - 42.8 percent of the population under the age of 65 in 1998
 - 25.3 percent of the population under the age of 65 in 2008
- Self-funded/federal employees health benefits increasing
 - About half the population under age 65 (47.2 percent) have self-funded/federal employees health benefits

Health insurance market continued

- Insured health benefits
 - \$5.9 billion in written premiums in 2008
 - Six holding companies accounted for 96 percent of all written premiums in 2008
 - One holding company accounted for over 50 percent of all written premiums in 2008 State regulation of health insurance applicable to a declining percentage of the commercial market
- Insured health benefits by market
 - Individual market, 5.9%
 - Small group market, 26.9%
 - Large group market, 67.2%

Federal health insurance reform

- Options for health insurance regulation
 - Federal enforcement
 - Federal/state partnership
- Federal enforcement
 - DOL and pre-service/post-service claims
 - A missed opportunity
- Federal/state partnership
 - HIPAA
 - Leveraged strengths of federal government/state government

Conclusion

- Maryland has developed a range of tools to ensure consumers and providers treated fairly in the market
- Changes in the market have significantly diminished the impact of state regulation
- Federal health insurance reform based on a federal/state partnership gives Maryland the opportunity to fulfill the promise of state regulation